

SUMMER 2024 Newsletter

Welcome

In this edition we'll be sharing exciting upcoming trips, reflecting on recent adventures, interviewing a dedicated volunteer and introducing you to our amazing half marathon runners. As always, if you have any questions or suggestions, don't hesitate to reach out.

We hope you enjoy reading!



Introducing

Neil, our new Travel Trustee, is the owner of the award-winning Avocet Travel Management and brings a wealth of expertise to the Jumbulance Trust. He is excited to collaborate with the board to further enhance and develop the travel side of our mission.

Jumbulance Job Opportunity!

We're excited to announce that we're looking for a passionate and organised individual to fill the role of Volunteer Coordinator. This key position will involve recruiting, training, and supporting our incredible team of volunteers, ensuring they have everything they need to make a difference.

If you're interested in helping us grow our volunteer community and making a real impact, we'd love to hear from you!

APPLY HERE

Your Next Adventure





October 2024

Our Ireland trip is almost fully booked, we have 1 wheelchair space and 2 volunteer spaces available! This could be your last chance to join this incredible trip, reach out now!



November 2024

We're excited to offer a subsidised Norfolk trip exclusively for Southend residents, aimed at combating winter isolation. We have spaces available for both disabled travellers and volunteers. Join us for this special experience!



April 2025
Bookings for Lourdes 2025
is now open!

APPLY FOR ANY TRIP HERE

Jumbulance Joy



Earlier this summer, the Berkshire Respite Group enjoyed a fantastic adventure at **The Calvert Trust Exmoor**.

Unfortunately Calvert are facing the risk of closure and are actively fundraising to keep their vital operations running. Our Jumbulance groups enjoy these visits immensely, and we hope to continue them for years to come.

Find out more here.

https://www.crowdfunder.co.uk/p/exmoor-calvert-trust

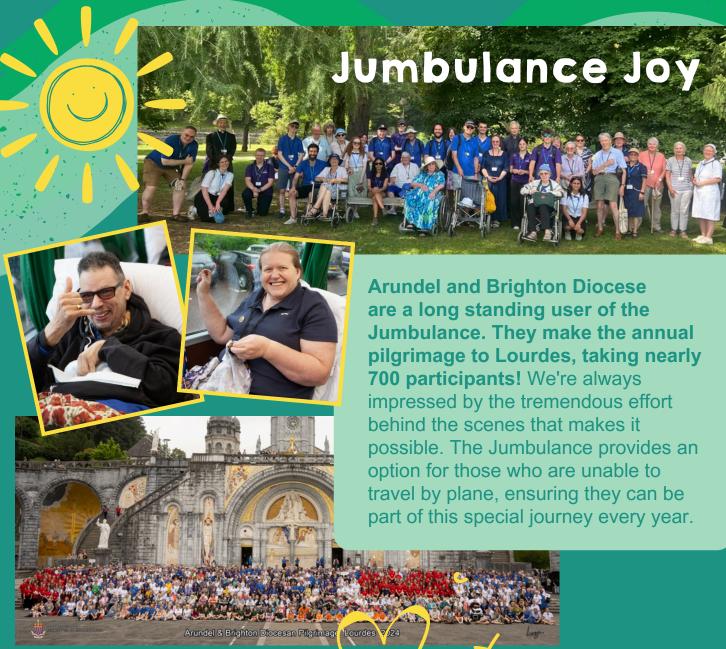


Jumbulance had the pleasure of once again transporting families to the magical Disney Wish at **Hoar Cross Hall.**



A Disney Wish offers children with life-threatening illnesses an immersive Disney experience in the UK. Learn more about the amazing work they do.

https://www.make-a-wish.org.uk/



Disney Plans

We've had a lot of interest from families about a Disneyland Paris trip and we're planning a magical getaway from 26-29th November 2024.

Including 3 nights stay, 2 days in the park, breakfast, dinner, park passes, and all travel for £1,160 per person. You can choose to stay in an accessible family room for 4 or book an accessible twin. **Does this sound like something you'd enjoy?** If so, please let us know! We need at least 20 passengers to make this trip possible and we'll decide the departure location based on your feedback.





How has volunteering with Jumbulance impacted your life?

Volunteering has deepened my empathy, resilience, communication and leadership skills. It's given me a greater sense of purpose, strengthened my appreciation for life, and led to lasting connections. It has also inspired me to keep volunteering and has solidified my desire to work in health or social care. I also love having memorable stories to share with others.

What advice would you give to someone considering volunteering with us?

Be open to learning, prepare for emotional experiences, actively listen to those you support, and be a team player. Don't hesitate to ask questions, and remember to take time for yourself when you need it. Above all, find joy in helping others and make the most of the experience.

In one word, how would you describe your experience with Jumbulance? Transformative.

What are you looking forward to on your next Jumbulance adventure?

I look forward to deepening connections, learning new things, making a positive impact, and embracing the unexpected moments that make each trip unique.

How can others get involved or support the Jumbulance mission?

Support Jumbulance by volunteering, donating, spreading the word, fundraising. If you can't volunteer or donate, you can still be part of the Jumbulance community by following them on social media or signing up for the newsletter to stay up to date on what's happening.

Fabio shares his volunteering insights

What motivated you to volunteer for the Jumbulance?

I've always wanted to contribute meaningfully, and Jumbulance offered a way to make a real difference in the lives of those facing travel challenges. My interest in supporting others, coupled with personal experiences, such as undergoing two surgeries for ulcerative colitis, fuelled my desire to help. I wanted to pay back the support I received when I was in my own recovery.

Can you share a memorable experience from one of your trips?

One of my most memorable experiences was a trip to Lourdes which is a location that holds deep spiritual significance for me. It was profound to see how much this pilgrimage meant to the individuals I assisted. Many of the people I met had long dreamed of this journey, but limited travel options made it seem impossible. It was an honour to be part of the Jumbulance team that helped make it a reality. The sense of community and shared purpose was powerful. I'll never forget the joy on a pilgrim's face when we reached the grotto - It was a humbling experience that reminded me why I chose to volunteer in the first place, and it continues to inspire me in everything I do.

What's the most rewarding part of volunteering with Jumbulance?

The most rewarding part is making a meaningful impact on the lives of people who face significant challenges. Many of the individuals we assist have limited mobility or serious health conditions, which can make long journeys sometimes feel impossible. Being part of the support system that makes these trips less daunting is incredibly fulfilling. The sense of accomplishment for all those that travel on board is significant and the bonds formed with both those we help and fellow volunteers is deeply rewarding.

How did you prepare for the challenges that come with this role?

I prepared by undergoing a DBS check, safeguarding training, and worked on my communication skills. I spent time learning about the specific needs and preferences of the individuals I was going to support so I was able to meet them with sensitivity and respect. Mentally, I focused on developing patience, calmness, and empathy - qualities essential for this work.

What skills or qualities do you think are essential for a Jumbulance volunteer?

Key qualities include compassion, patience, effective communication, physical and emotional resilience, teamwork, adaptability, remaining calm under pressure and reliability. These skills ensure that we can provide the best possible support and create a positive experience for those we help.



Run For A Great Cause

Meet the Jumbulance Half Marathon Team!

They're all lacing up to support the Trust in the highly sought-after London Landmarks Half Marathon. This exciting race takes you

through the heart of London, past iconic sites like Big Ben and some quirky hidden gems. Charity spaces are the only way now to enter, and we have just a few spots left. If you'd like to join the team, get in touch here!



Fran (left), Holly (centre), Emily (right) plus Sonya (left photo) are inspired by their amazing friend and financial trustee, Eleanor, who's always leading the charge with her fabulous trust volunteer work.





Some of you may already know our amazing drivers Steve on the left John on the right. They're stepping out from behind the wheel to hit the road and raise funds to keep our important work going.

We encourage both experienced runners and those new to the sport to sign up and get involved!



Helen, a dedicated volunteer and group leader with the Jumbulance Trust, has embarked on many adventures with us. We're thrilled and grateful that she's taking on a new challenge by running the London Landmarks Half.



Jay, the owner of Specifix Studio in Leigh-on-sea, has agreed to join us after hearing about the Trust from our dedicated Chair and learning about the fantastic work we do.

Our Jumbulances



Wheelchair access and experienced driver assistance



We can take up to 5 beds in place of wheelchairs, or a combination





Galley kitchen for hot drinks and meals

Accessible toilets on board



Our largest coach holds 24 passengers, 6 wheelchair spaces and 18 seats.
Our smaller coach holds 21 passengers, 5 wheelchair spaces and 16 seats.



Donate!

We are hugely grateful to those who donate, fundraise or support the Trust with their dedication and time. We could not do this without you and are indebted to your generosity and continued support.

JustGiving



If you would like to donate please click on the QR code and follow the steps on our JustGiving page, or you can scan it using your phone camera.

Don't forget your gift aid declaration if you are a UK tax payer, you will have the option to add on JustGiving, they add 25p to every £1 you donate.

Make a Single Gift

By BACS transfer

Bank Details: Lloyds Bank plc.

Account Name: **Jumbulance Trust**

Account No: **00778083**

Sort Code: **30-93-90**

Make a Regular Gift

You can make a regular gift through standing order. This is a simple, safe and cost-effective way to give that also keeps our administration costs to a minimum, allowing us to make the very best use of your donation.

£30 £25 £20 £15 £10 £5

Just £20 a month will help even more people who would not easily travel to access holidays and outings